

Eat That Frog - Reading Tasks

Introduction

- 1 Write the phrase "Eat That Frog!" on the board and ask students to brainstorm what they think it might mean. In pairs, they can discuss their interpretations for a couple of minutes and then share their thoughts with the class.
- 2 Have students create a quick personal to-do list with three tasks they need to complete today or this week. After giving them a minute, ask them to identify which task they think could be their "frog." They should share their lists and reasoning with a partner.
- 3 Provide students with a scenario where they have multiple tasks due soon. Ask them to discuss in small groups how they would prioritize those tasks and what strategies they would use to avoid procrastination. Each group can then present their strategies to the class.

True/False Answers

- 1 False - The book is about overcoming procrastination and managing time, not about cooking skills.
- 2 True - Brian Tracy suggests doing the most important and difficult task first in the morning.
- 3 True - Good time management is said to help reduce stress and make us more productive.
- 4 True - The SMART method is explained as a way to set clear and achievable goals.
- 5 False - Procrastination means delaying or avoiding tasks, not completing them quickly.

Multiple Choice Answers

Correct Answers:

- 1 b
- 2 a
- 3 b
- 4 d
- 5 d

